

## Why Parents Matter More Than Peers: *Restoring A Healthy Balance in Adult-Child Relationships*

### Dr. Gabor Maté

Thursday, October 12, 2017 - 7:00 - 9:00pm  
Mountain View High School Spartan Theatre  
3535 Truman Avenue, Mountain View, CA

More than ever before, children and teens today turn to peers rather than parents and other caring adults for emotional support, values, role models, codes of conduct, and defining their own identity. This overly skewed “peer orientation” disrupts healthy development, undermines family cohesion, and fosters an aggressive and prematurely sexualized youth culture.

Dr. Gabor Maté will discuss these parenting challenges and provide practical advice on how to nurture and restore stronger, more connected adult-child relationships. Topics covered will include: how peer orientation competes with important adult-child attachments, and how to recognize its signs; how peer orientation can lead to boredom, aggression, bullying, precocious sexuality, drug use, and developmental problems; and how to restore the healthy adult orientation of our children, including methods of discipline that do not alienate them but bring them closer.

**Audience:** K-12 parents, teachers, and other caretakers

**Admission:** Free

**Register:** <https://mvla2017-gabormate.eventbrite.com>

### About Our Speaker



Dr. Gabor Maté, M.D., is highly sought after for his expertise on a range of wellness topics including ADHD, stress, childhood development, and addiction. Rather than offering quick-fix solutions to these complex issues, Dr. Maté weaves together scientific research, case histories, and his own insights as an experienced physician to present a broad perspective that enlightens and empowers parents seeking stronger, more meaningful connection with their children.

Dr. Maté is the author of several best-selling books, including Hold On to Your Kids: Why Parents Need to Matter More Than Peers, which he co-authored with Dr. Gordon Neufeld and was updated in 2014 to include discussions about digital devices and social media.