

SCREENAGERS: Growing Up in the Digital Age (a FILM)

Tuesday, January 31, 2017

5:30pm and 7:30pm showings

Mountain View High School Spartan Theatre
3535 Truman Avenue, Mountain View



Admission: FREE—Please reserve a seat:

<https://screenagersfilm.eventbrite.com>

Audience: Parents/guardians of students in grades K-12 AND students

Sponsors: MVLA High School Foundation
LAMV PTA Council
Los Altos Educational Foundation
Mountain View Educational Foundation

Screenagers

Screenagers is a 68-minute film that probes into the vulnerable corners of family life, including the director's, and depicts messy struggles over social media, video games, academics, and internet addiction. Through surprising insights from authors and brain scientists, solutions emerge as to how we can empower kids to best navigate the digital world. Adults who have seen the film comment that they felt more confident and better equipped to establish balance around screen time than they did prior to seeing *Screenagers*.