

Parenting with Presence: Raising Confident and Caring Kids

Susan Stiffelman

Tuesday, October 18, 2016

7:00-9:00pm

Los Altos High School Eagle Theater

201 Almond Avenue, Los Altos

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“Our children can be our greatest teachers...”
Parenting expert Susan Stiffelman will talk about how the behaviors that push our buttons can help us build awareness, allowing us to raise our children with ease and enjoyment. With stories and practical advice, Susan will teach us how to become the parents we most want to be while raising confident, caring children and teens.

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Admission: FREE—Please reserve a seat:

<https://susanstiffelman.eventbrite.com>

Audience: Parents/guardians of students in grades K-12

Sponsors: MVLA High School Foundation
LAMV PTA Council
Los Altos Educational Foundation
Mountain View Educational Foundation

SUSAN STIFFELMAN



ABOUT OUR SPEAKER:

Susan Stiffelman is a licensed Marriage, Family and Child Therapist, a credentialed teacher, an educational therapist, and a highly respected public speaker. She is also *Huffington Post's* weekly “Parent Coach” advice columnist. Her focus is on helping parents build deep connections with their children, managing their reactions so that they can be the calm captain of the ship that their children naturally cooperate with, confide in, and respect. She is the author of the bestselling book *Parenting Without Power Struggles* and her new book, *Parenting with Presence*.